FRISTADS

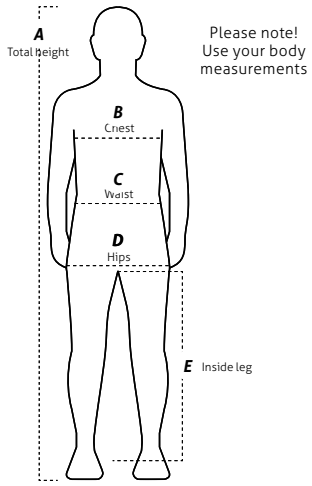
Size guide
– workwear

Starting from your own body size, compare to the tables to find the correct size. Choose the table matching your height (A).

The tables for women's garments only apply for garments for woman, otherwise, the tables for men apply. There are separate size tables for Acode.

When buying trousers, measure A, C, D, E and for jackets, measure B (sizes XS-5XL). Measure A, B, D, E for coveralls and, depending on your height, choose regular, long or short in the tables.

Please note!
All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.



Jackets, trousers and coveralls

Men sizes		XS		S		M		L		XL		2XL		3XL		4XL		5XL	
A. Regular (normal waist)* 176-184 cm	C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66					
A. Tall (normal waist)** 184-192 cm			C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168	* size group tall for coveralls			
B. Chest cm	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152
C. Waist cm	68	72	76	80	84	88	92	97	102	108	114	120	126	132	138	144	150	156	162
D. Hips cm	88	91	94	98	102	106	110	114	118	122	126	130	134	138	142	146	150	154	158
E. Regular inside leg cm	80	80	80	80	82	82	82	82	84	84	84	84	84	84	84	84	84	84	84
E. Tall inside leg cm			85	85	87	87	87	87	89	89	89	89	89	89	89				

A. Short (large waist)*** 168-176 cm	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
B. Chest cm	84	88	92	96	100	104	108	112	116	120	124	128	132	136
C. Waist cm	78	82	86	90	94	98	103	108	114	120	126	132	138	144
D. Hips cm	93	96	100	104	108	112	116	120	124	128	132	136	140	144
E. Inside leg cm	76	76	76	78	78	78	78	80	80	80	80	80	80	80

*** size group short for coveralls

Women sizes	XS	S		M		L		XL		2XL		3XL		4XL	
A. Regular (normal waist) 164-172 cm		C34	C36	C38	C40	C42	C44	C46	C48	C50	C52				
B. Chest cm	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
C. Waist cm	63	66	69	72	76	80	84	88	93	99	105	111	117	123	129
D. Hips cm	87	90	93	96	99	102	106	110	115	120	125	130	135	140	145
E. Inside leg cm	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80

Acode

Men sizes	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	40-42	44-46	48-50	52-54	56-58	60-62	64-66	68-70	72-74	76-78
B. Chest cm	80-84	88-92	96-100	104-108	112-116	120-124	128-132	136-140	144-148	152-156
C. Waist cm	68-72	76-80	84-88	92-97	102-108	114-120	126-132	138-144	150-156	162-168

Women sizes	S	M	L	XL	2XL
	34-36	38-40	42-44	46-48	50-52
B. Chest cm	80-84	88-92	96-100	104-110	116-122
C. Waist cm	66-69	72-76	80-84	88-93	99-106

Inches conversions table

Waist																												
Waist inch-size	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
Waist cm	66	69	71	74	76	79	81	84	86	89	91	94	96	99	102	104	107	109	112	114	117	119	122	124	127	129	132	134	137

Length			
Inside leg inches	30	32	34
Inside leg cm	76	81	86